



Van Buren County SAFE Coalition
February Meeting Minutes
Location: VBCH Community Services Center
Tuesday, February 23, 2016
9:00 a.m.

Meeting called to order by Melissa Daugherty at 9:05 a.m.

Members Present: Heidi Bainbridge – IPFS Supervisor, Julie Chapuis – Schools, Melissa Daugherty – Youth Serving Organization, Alondra Majin – Other Organization, Lisa Plecker – Local Government, Kris Rankin – IPFS Coordinator

January Minutes approved by: Heidi Bainbridge **Second:** Julie Chapuis

Topic: Prescription Drug Take Back Event – April 30, 2016

- Kris shared that the Van Buren County Sheriff's Reserve Officers will be running this event. Lee McIntosh will do the organizing for it. The coalition staff have reserved the Keosauqua Senior Center for that day. At the next meeting the coalition staff will provide fliers for coalition members to hang up around the county for promotion of the event.

ACTION STEP: Promote & Hold Rx Take Back Event

By Whom: Sheriff's Reserve Officers, Coalition Staff & Members

By When: April 30, 2016

Topic: Town Hall 2016

- Melissa shared that the youth in YLC have been wanting to hold a color run and BBQ. So, the YLC group is working with the SAFE Coalition for the Town Hall meeting. The thought is to hold the color run at the fairgrounds, have the food prepared and served in the Roberts Building and then hold the town hall while people are eating their food.
- The group then proceeded to discuss the dates that were available on the school calendar and the members chose Wednesday, April 6, 2016 as the best date to hold the event. Kris will check with Mr. Banks and Kathy Bartholomew to make sure that date works for the school and the Roberts Building. Melissa will touch base with the Cattleman's Association to see if they would like to do the food and if that date will work for them. She will also contact the Fair Board about using the fairgrounds for the color run. She will also contact April about the colors for the run.
- The suggestion was to have the run at 5:00, Dinner at 6:00 and Town Hall at 6:30.
- There was another suggestion to ask what teachers would offer extra credit for youth to attend and bring a parent to the event. The coalition would provide the youth with a certificate that they can present to a teacher who is offering extra credit for attending the event.
- All agreed that the run could be done on the fairgrounds and then the dinner and town hall could be held in the Roberts Building.
- Heidi asked what members thought should be done for the presentation. Melissa explained that the students will be matching the colors for the run to different things related to tobacco and there will be signs out for those. Heidi suggested additional signs with alcohol facts. Heidi pointed out that the strategies for the IPFS Grant that the coalition has chosen are: alcohol restrictions at public events, alcohol restrictions in public places and a local social host ordinance. These are the things that the coalition needs to make sure the community is aware of and on board with through the town hall if possible. She wondered if there is someone knowledgeable in these subjects to come and speak at the town hall. Julie suggested finding someone from Jefferson County that helped with their social host. Heidi suggested that there is a gentleman from there that was a key player in their social host and she will check into him for the town hall. Julie commented that someone that local would be more helpful than a state official. Heidi asked if the sheriff or county attorney should also be involved in the discussion. Everyone agreed that it would be a good idea to have them come and speak on the topic. Heidi said she will facilitate those conversations. It needs to be stressed with the kids that they need to involve their family members and friends in the event and that they will be working at it not just participating in it. Julie said to make sure that the track coaches are aware that it is going on and see if they will be a part of it. Lisa asked if there will be t-shirts. Melissa said as of right now there are not solid plans for that yet. There has been a debate as to whether or not to have t-shirts and charge for them as part of the registration. Julie suggested supplying just an iron on that people can put on their own shirt after the run. Heidi mentioned possibly having white t-shirts for them to purchase at the run. Alondra suggested a tag of some type to pin to their shirts like the numbers for marathons. Heidi said that they could make buttons with the button maker.
- Will need people to help run the event, setup and cleanup. Will complete the planning for the town hall at the coalition meeting in March.

ACTION STEP: Plan Town Hall & Hold Town Hall

By Whom: Coalition Staff & Members

By When: April 2016

Topic: Iowa Partnership for Success Strategic Plan - Submitted

- Kris shared that the strategic plan was submitted on time to IDPH. There has been some communication from IDPH that makes her believe that there will be a need for revisions. The coalition staff should have the strategic plan back for those revisions on Monday, February 29, 2016.

ACTION STEP: None

Topic: Interviews/Listening Sessions with Youth & Young Adults in the County

- Kris said that she has not had anyone volunteer to facilitate any of these. She is still looking for people to do these and suggestions on how, when and where to do them. She shared the list of questions with everyone at the meeting. Julie suggested talking with Mr. Plecker as some of this information would be discussed during his Health classes. Heidi said she has done presentations for those classes as a resource for the projects that they do on substance abuse. Julie said it might be good in PE, study hall or intervention times as it can tie into the Healthy Iowa Challenge they are doing. Heidi commented that the study hall would be a good mix of kids. Sarah Sprouse might be willing to do this with the Junior High Students.

ACTION STEP: Volunteer to do the interviews/listening sessions and then do them

By Whom: All Coalition Members

By When: June 2016

Topic: Suicide Prevention work in Van Buren County

- The coalition staff have been working with the Van Buren Community School District to have the Kognito Training provided by IDPH to be implemented with all staff at the school and it looks like that will be happening starting in the fall of 2016.
- Kris has also been working to contact the three mental health service providers now in the county to find out what kinds of services they are offering in Van Buren County and to see how the coalition can work with them to support suicide prevention services in the county. She was in contact with Optima's contact, Tracy Liptak, yesterday. They had a really good conversation. Kris has been trying to reach Kirk Condon of Sieda and they have not been able to talk yet. She is also working on contacting Phil Davis of R&R Counseling Solutions.
- Kris is working on an article about suicide prevention with information about the mental health services being offered in Van Buren County. She hopes to include information on Optima, R&R Counseling Solutions and Sieda Community Action. Heidi encouraged Kris to invite these providers to attend the coalition meetings if they can.
- Julie shared that she had received a flier from a gentleman in Illinois who is interested in doing a presentation at the schools. She will share it with the coalition for contact information.
- Kris has been working to contact the youth leaders in the county to share the Kognito information with them. She shared that if coalition members know of anyone outside of the school who works with youth consistently they can share the fliers with them and ask them to sign in under the Van Buren County SAFE Coalition. Kris did the share the information with the 4-H director and she shared the information with her leaders. Lisa asked if it was specific to youth leaders in Van Buren County. Kris said it does not matter and gave the flier to Lisa to share with the youth leaders at their church in Eldon. Julie shared that she had taken all of the trainings and they are very good. They are a simulation and gives feedback to the person taking it on what they did well and what they could do differently. Some is common sense, but it is good to make you think about how you are dealing with kids. Kris pointed out that the choices include Elementary, Middle School, High School and LGBT Groups.

ACTION STEP: Continue to disperse Suicide Prevention Information to community members and work with mental health service providers.

By Whom: Coalition Members and Coalition Staff

By When: As needed

Topic: YLC Update

- Melissa shared that the Through with Chew Week was last week. She received kits from the state for activities and the VBHS YLC members used them for a couple of activities at the school on Friday. One was a Spitify event where they invited peers to come meet together for breakfast. Once there the students had their teeth blackened or yellowed showing tooth decay from tobacco use and had their picture taken like that. The YLC Members also made fake candy that when opened had tobacco facts inside of them and passed them out to people in the school.
- Harmony is planning on using some of the supplies later in the year for activities there.

- Kick Butts Day is March 16, 2016. The VBMS 7th Graders have plans that include: sidewalk paint facts, sandwich boards with facts and wear them around town and pass out information, peer teaching. Harmony YLC Members will be doing peer teaching. VBHS has started on ideas, but have not met recently. VBMS 8th Graders are in charge of the color run planning and will not be involved in KBD.
- Harmony will also be helping with the color run.
- The YLC Members are working on written policies for the towns in Van Buren County to make the ball diamonds tobacco free. Right now they are smoke free with signs, but have no written policies. The YLC Members have agreed that while addressing the tobacco policies it would also be good to include written alcohol restriction policies at the same time. Melissa is working to help them identify a specific group of youth who will take this on and do the work.
- There will be a Youth Summit in April during a school day. Melissa hopes to take at least a suburban full of kids to this event. It is a state wide event where the kids go and learn about activities to use in the community to address tobacco prevention. In the past it has been hard to get kids to attend as it was held in the summer when school was out.

ACTION STEP: Plan activities and execute them with the help of the YLC Members

By Whom: Melissa & Kris

By When: As needed

Topic: Tobacco Grant

- Melissa shared that she has been working on point of sale assessments. She is helping the state to complete these in Van Buren County. She goes into stores that sell tobacco products and looks at signage, costs, sale promotions and flavored tobacco products. While she is in the store she also does a food assessment and looks to see what nutritional foods are available. She has been to Douds Kwik Stop and Moore's Grocery. She will be doing Boyd's Grocery, Circle B and the Birmingham Jet Gas. The state will come in and do the stores that Melissa has not done. All of this information will be entered into a mapping system that will allow people to see what is near these outlets and see what policies can be put in place to help with limiting youth access to tobacco. It will be a great piece of information when it is done.
- Melissa said she is working with local worksites on tobacco policies. The Keosauqua Care Facility is looking to become a tobacco free campus as of January 1, 2017 and she is helping them develop that, implement it and teach about. They hope that other work sites will also implement similar tobacco free policies.
- The hospital is also offering Freedom from Smoking classes at worksites. They will be starting that at Hill Phoenix in March. Keosauqua Care Facility may also be doing that for their staff. The Van Buren Community School District is also considering it. They are also discussing offering it for the community in general.
- Heidi asked if they had looked at doing a community survey to see how many places allow smoking and how many are tobacco free. Lisa commented that she does not think that anyone in the main building smokes anymore. County cars have signs that say smoke-free. Melissa said the county buildings are like the hospital and have to be smoke-free. Julie said at Barker Wire there was a designated area outside with the picnic tables. Melissa thought the number of office workers has cut down, but factory workers still use the area. Julie commented that the county has come a long way with smoking issues.

ACTION STEP: Complete the assessment and submit it

By Whom: Van Buren County Hospital & Public Health

Topic: Other Business

- Community Foundation for Van Buren County Iowa: Kris shared that the coalition staff are working on the Community Foundation Grant to fund substance abuse prevention marketing & media, prescription drug take back events, OTC curriculum and letters to seniors. It is almost complete and is due on Monday, February 29, 2016.
- OTC Curriculum: Heidi shared that due to the money received from CADCA last year to implement the program there were enough supplies and money left to purchase the supplies for this year and it is going on this week with the 5th Graders at the Van Buren Community Elementary School. The presenters are Kitty Bogle from Sieda Community Action, the class room teachers, Larry Thomas from Lee Pharmacy and Dr. Tim Blair from the Van Buren County Hospital. The coalition received good feedback last year from kids and parents about how the program was beneficial. The kids went from no knowledge of how to use medications and thinking that it is okay to use medications however they want because a doctor gave it to them to understanding that they need to follow directions and use it with supervision. Now the coalition hopes this program will continue in the 5th grade classes and with more funding to spread it to Harmony's 5th grade class as well.

Next Meeting: Tuesday, March 15, 2016 at 9:00 a.m. at Van Buren County Hospital Community Services Center Conference Room.

Meeting Adjourned: At 9:55 a.m.

*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.